

# SMALL PLATES TO SHARE [ GREAT AS STARTERS OR HAVE A MIX TO SHARE ]

<b>OLIVES</b> (N,GF), FRESH GREEN OLIVES MARINATED IN HERBS	<b>£3.50</b>
<b>SPICED NUTS</b> (N,GF), HOMEMADE SPICED NUTS WITH A SWEET AND SPICY COATING	<b>£3.50</b>
<b>HUMMUS &amp; PERI</b> (N,GFOR), FRESH HUMMUS, CORRIANDER, PERI DRIZZLE, PITTA AND CRISP TORTILLA	<b>£4.95</b>
<b>BREADS &amp; DRIZZLES</b> (N,GFOR), SELECTION OF BREADS, OIL, BALSAMIC, PERI AND BOMBAY MIX	<b>£5.50</b>
<b>PERSIAN TOASTIE</b> (GF), TOASTED TORTILLA FILLED WITH SPINACH, TOMATO,OLIVES, HUMMUS, VEGAN CHEESE	<b>£5.95</b>
<b>VEGAN WINGS</b> (GF), CRISPY CAULIFLOWER PIECES, BUFFALO SAUCE, MINTED SOY YOGHURT	<b>£5.95</b>
<b>INDIAN TATER TOTS</b> (veg), CRISPY POTATO, CHILLI, CORRIANDER, PICKLED ONION, YOGHURT, MASALA KETCHUP	<b>£4.95</b>
<b>LOADED FRIES</b> (GF), CRISPY FRIES, VEGAN BACON SPICE, LAYERED WITH VEGAN CHEESE, JALAPENO, BBQ SAUCE	<b>£5.50</b>
<b>KOREAN MUSHROOM BALLS</b> (GF), CRISPY COATED MUSHROOMS IN KOREAN SAUCE, CORIANDER	<b>£5.25</b>
<b>LOADED NACHOS</b> (GF), TORTILLA CHIPS, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, RED ONION	<b>£7.50</b>
<b>PEA &amp; MINT PAKORAS</b> (GF), PAKORAS, PICKLED SLAW, CURRIED KETCHUP, VEGAN YOGHURT	<b>£4.95</b>
<b>S&amp;P TEMPEH FRIES</b> (GF), TEMPEH FRIES, SALT AND PEPPER COATING, HOT & STICKY SAUCE CORRIANDER	<b>£5.95</b>
<b>CHIPS &amp; CURRY SAUCE</b> (GF), FRIES, PICKLED RED ONION, CHIP SHOP CURRY SAUCE AND SCRAPS	<b>£4.95</b>



# SO! VEGAN

## A COLLECTION OF VEGAN DISHES

## BURGERS AND SARNIES MAIN PLATES

### BACUN CHEASEBURGER(GFOR).....£10.95

GRILLED SMOKED TEMPEH TOPPED WITH VEGAN CHEESE, MAGIC VEGAN BACON KETCHUP, DILL PICKLES, TOMATO, ONION, LETTUCE AND AMERICAN MUSTARD

### NACHO LIBRE(GFOR).....£10.95

MEX CRUMBED MUSHROOM, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, ONION RINGS, PICKLE AND ICEBERG. SERVED WITH FRIES.

### KOREAN BURGER(GFOR).....£10.95

SPICED CRISPY TEMPEH PATTY, KOREAN BBQ, PINEAPPLE, PICKLED ASIAN SLAW AND VEGAN MAYO.

### BOLLYWOOD BURRITO(N,GF).....£9.25

CHICKPEAS, PICKLED ONION, CAULIFLOWER, SPICED POTATO, CORIANDER, MINT DRESSING, CHILLI JAM AND BOMBAY MIX. WITH FRIES.

### BBQ CHICKPEA TACOS(GF).....£8.95

THREE SOT TACOS TOPPED WITH BBQ CHICKPEAS, SALSA, AVOCADO, PICKLED ONION AND GARLIC VEGAN YOGHURT. SERVED WITH FRIES

### THE GREEK(GF).....£8.95

HUMMUS, RED PEPPER, VEGAN CHEESE, APPLE, SPICED CHICKPEAS, MIXED LEAF SALAD PICKLED ONION AND A MINT DRESSING

## PUDS

### ICE CREAM & BERRIES(GF).....£5.50

A RICH VANILLA SOYA ICE CREAM DRESSED WITH BERRIES & COULIS.

### CHOCY CLEMENTINE TART(N,GF)£5.50

A RICH CHOCOLATE BROWNIE BASE WITH A CLEMENTINE FLAVOURED DARK CHOCOLATE GANACHE AND ORANGE SORBET.

(GF) - GLUTEN FREE, (GFOR) - GLUTEN FREE ON REQUEST,  
(N) CONTAINS NUTS

### CAULIFLOWER KATSU CURRY (GF)....£8.95

BRINED AND CRISPY COATED CAULIFLOWER STEAK SERVED WITH PICKLED VEG, BROWN RICE AND A CHIP SHOP CURRY SAUCE.

### MUSHROOM & OLIVE STIR FRY (GF)...£9.95

GRILLED FIELD MUSHROOM ON A STIR FRY OF KALE, FENNEL, SPINACH, RED ONIONS AND OLIVES. DRESSED WITH A GARLIC DRESSING

### VEGAN "PHISH" & CHIPS (GF).....£11.25

MARINATED BANANA FLOWER IN OUR GOLDEN CRISPY BATTER, SERVED WITH MUSHY PEAS, HOMEMADE CHIPS. ADD CHIP SHOP CURRY SAUCE £2.50

### CHARRED BROCCOLI PASTA (GF).....£8.95

FRESHLY COOKED PASTA TOSSED WITH CHARRED BROCCOLI, CHERRY TOMATO AND A PIQUANT TAHINI AND HENDERSONS DRESSING.

### VEGAN SALT & PEPPER RIBS (GF).....£8.95

SLICES OF CORN ON THE COB DREDGED AND FRIED IN OUR CRISPY SOUTHERN COATING SAT ON A BED OF MUSHROOM, PEPPER AND ONION RICE WITH A SPICY BBQ SAUCE.

## SALAD BOWLS

[ ADD A TOPPING OF YOUR CHOICE ]

### ASIAN SALAD (GF).....£9.95

NOODLES, BEAN SPROUTS, RED PEPPER, CARROTS CABBAGE, CUCUMBER, ONION, HERBS AND CHILLI SOY DRESSING

### INDIAN PULSE SALAD (GF).....£9.95

AN INDIAN INSPIRED SALAD OF RICE, CHICKPEAS, CAULIFLOWER, CARROT, SPINACH, SPRING ONION, HERBS, TOMATO, CHAAT MASALA AND TAHINI DRESSING.

### SUPER FOOD SALAD (NUTS, GF).....£9.95

KALE, SPINACH, AVOCADO, FENNEL, CARROT, CABBAGE, SPICED NUTS, BEETROOT KETCHUP

### ADD YOUR FAVOURITE TOPPING:

BBQ TEMPEH STRIPS or MEX CRUMBED MUSHROOM